

Trinity Aspire

Welcome to the first addition of the TSFA Careers Bulletin. This is a weekly supplement, sent out to students, parents and staff, detailing opportunities that are available for students both within the academy and in the wider community.

We wanted to take this opportunity to introduce the careers team at TSFA, and tell you a little bit about Trinity Aspire. The team is led by Hannah Ashton, the Associate Assistant Principal with responsibility for the Trinity Aspire programme. Students are then supported by Laura Wright, our full time careers adviser.



Hannah Ashton
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Leader



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Trinity Aspire is the bespoke careers programme on offer at TSFA. Last academic year, we were awarded the Quality in Careers Standard by C&K Careers. This means that our careers offering fully meets all of the Gatsby Benchmarks, standards that all schools and colleges should be meeting with regards to their careers programme. The programme is designed to support all students, whether they are on our University pathway, World of Work pathway or part of our Trinity Scholar pathway.

For a more detailed overview of the careers programme, please visit our website.

Trinity+

This week, students were introduced to the 5 steps to wellbeing. These steps were designed by the NHS as a way of supporting people to stay mentally healthy. The steps are connect with others, be physically active, learn new skills, give to others and pay attention to the present moment. All are shown to improve an individual's sense of wellbeing and, promote self-worth. The 5 steps to wellbeing are embedded in other areas of the curriculum, including in lesson time. For more information on the 5 steps, please visit the NHS website.

In the session, students also completed an Aspirations form. The intention of this was to gain an understanding of why our students have chosen to be here, and what their intentions are for their future. This data will then be analysed by PPTs, and discussed with students. This also provides us with an indication of students who are unsure of their goals and need extra support from the careers adviser.

Next week in Trinity+ we will focusing on Trinity Enrich and Work Experience.

Dates for your diary!

Make sure you are regularly checking your emails, Miss Wright has started to send out invites for Year 12 students to attend their first careers meeting. This is a strand of support offered to all students. It is beneficial for all, even if you do not know what you want to do with your future. All students are required to attend, but please speak with your PPT if you need to rearrange for any reason.

Whatever your intended destination, university websites are a great source of support and information. A lot of universities offer online sessions, free for student to attend, on a range of academic content. This could be anything from a workshop on how to use Year 12 effectively, to how to write an effective personal statement, to an online lecture about current research they are doing. All of these sessions count as enrichment and look impressive on personal statements and CVs!

Universities are also starting to offer open days. Some of these are on campus, whereas some are still only offering online. These are invaluable when you are starting to think about where you might want to study if university is what you want. Try to book around your lessons, but if needed, please speak to your PPT about attending during the academy day.

See below just some of the opportunities that are on offer currently!

Event	Where?	When?	Time?
Newcastle University Open Day	Newcastle Campus	Saturday 25 th September	10.00am to 2.00pm
	Virtual	Saturday 25 th September	11.00am to 4.00pm
Meet the Russell Group Virtual Fair	Virtual	Wednesday 29 th September	
Edge Hill Open Day	Edge Hill Campus	Saturday 9 th October	10.00am to 3.00pm
University and Apprenticeships	Elland Road Stadium, Leeds	Friday 15 th October	
	Virtual	Wednesday 20 th October	
Create your Future	Manchester Central Convention Complex	Tuesday 23 rd and Wednesday 24 th November	9.30am to 3.30pm

[Check out the Open Days Calendar for other opportunities.](#)

Work experience and job opportunities!

James Chambers Timber Merchants

Saturday worker 8.00am to 1.00pm (*potential of extra hours during school holidays*)
Apply by email to Sean Colleran (seancolleran@james-chambers.co.uk)

Knead Pizzeria Bar (2 Crossley House, Crossley Street, Halifax, HX1 1UG)

Waiting Staff, Bar Staff and Kitchen Staff

Walk in interviews Thursday 23rd September 3.00pm to 6.00pm

Just bring your CV!

Interested in applying for virtual work experience?

[Explore the virtual work experience opportunities available.](#)

Explore careers in digital skills by attending the Careers Spotlight day: [Spotlight Talks: Inspiring careers excellence | WorldSkills UK](#)

For those of you not keen on the idea of university, why not consider a degree apprenticeship: [Flying Start degree programmes \(pwc.co.uk\)](#)