

## BTEC L3 National Diploma in Sport – Start Sep 2024

Below you will find some information regarding the BTEC Level Diploma in Sport. Please note that there are some entry requirements for this course. Please speak to us if you have any queries or questions.

### What does the course involve?

Due to the nature of the course, there will be some level of physical activity. However, this BTEC predominantly involves theoretical work for exams and coursework modules.

This course features two external written exams and a variety of coursework units

#### Exams

- Anatomy and physiology
- Fitness training and programming for health, sport, and well-being
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Example of coursework units – these may vary slightly each year

- Professional development in the sports industry
- Application of fitness testing
- Coaching for performance
- Practical sport
- Sports psychology
- Sports leadership
- Sports performance analysis

The BTEC Level 3 Extended Certificate is equivalent to two full A-levels.

### Where can Physical Education take you?

BTEC L3 Sport can lead to a range of further education courses before progressing on to a range of careers. The skills you acquire are transferable across many careers. Learners utilise the physiological and anatomical knowledge to move onto courses including sports coaching, personal training, sports nutrition, sports science, sports medicine, sports psychology, and various roles in the NHS. In addition, the skills, knowledge, and behaviours learnt are transferable and can be applied to a range of courses outside of the sporting sector.

**Find out more** We encourage you to contact us with any questions, or alternatively why not follow the link to access Padlet, our bespoke training resource.

### Quick course facts

You should have a minimum of five GCSEs graded at level 4 or above including English, Mathematics and Science.

It is desirable that learners have a keen interest in physical activity and sport.

This BTEC course is coursework based with a variety of assessment methods.

This course prepares you for both the world of work and further education in the sporting industry.

The BTEC Level 3 is equivalent to one full A-level and works great alongside Biology, Chemistry and Psychology.

[The Padlet](#)

